

## *VA Share the Harvest-*Asparagus Salad

1 cup cooked, chopped  
asparagus  
1 red ripe tomato, cut into  
wedges  
½ cup fat free Italian  
dressing  
10 jumbo black olives  
2 oz. mozzarella cheese,  
part skim milk, cubed



Cook the asparagus to  
desired tenderness. After  
asparagus is cooked, take  
all the ingredients and put  
together and mix. Chill and  
serve (you may warm it, if  
desired). Recipe makes 4  
servings.