

## The VA Rap

“The VA is adjusting to the changing face of our newest veterans. Men and women back from deployment in Iraq and Afghanistan face new physical and emotional challenges. We appreciate your sacrifice. We are here for you. We thank you.”

(Chorus)

You say you're OEF and OIF  
I say come to the place where the care's the best  
It's the VA. It's the V to the A. It's the VA. It's the V to the A.  
You say you're OEF and OIF  
I say come to the place where the care's the best  
It's the VA. It's the V to the A. It's the VA. It's the V to the A.

(Verses)

I was blown up good and my ears were ringing  
Couldn't remember stuff since my head was spinning  
Hooked up with the VA people  
My brain's working better from the tips they were giving

Man I saw some stuff that you wouldn't believe  
I couldn't sleep at night from all the bad dreams  
My boys from the clinic helped me figure out things  
I was up every night going through things

I was gone for a year and missed a whole lot  
Kids and spouse at home while I slept on a cot  
When I came back I didn't fit in  
My VA people helped us all ease in

With Iraq Vets, Gulf War Vets, Vietnam Vets with medals on their chest  
The VA always rise above the rest  
Come to the spot where the care's the best!  
C'mon!

(Chorus)

You say you're OEF and OIF  
I say come to the place where the care's the best  
It's the VA. It's the V to the A. It's the VA. It's the V to the A.  
You say you're OEF and OIF  
I say come to the place where the care's the best  
It's the VA. It's the V to the A. It's the VA. It's the V to the A.

Being overseas break us down to our knees  
But the VA came and lifts us back up with ease  
So much to live for, so much to care for, you never see the VA close down the doors  
InstaCare on every single floor  
Services they provide and give you more

## The VA Rap

It's the VA... it's the V to the A  
Check out all the spots in the U.S. of A!  
C'mon

(Chorus)

You say you're OEF and OIF  
I say come to the place where the care's the best  
It's the VA. It's the V to the A. It's the VA. It's the V to the A.  
You say you're OEF and OIF  
I say come to the place where the care's the best  
It's the VA. It's the V to the A. It's the VA. It's the V to the A.

To the VA.. VA  
The care at the VA.. VA

Come to the VA.. the VA  
Come to the VA.....

### **Credits:**

Damien and the "SLiC" Rappers present: THE VA RAP  
Lyrics by: Maria Fruin, Damien Holmes and Jill Atwood  
Back-up Vocals: Stacey Shaffer, Maria Fruin, Damien Holmes, "aka, Da Hit Man" and  
Jill Atwood.  
Producer: Adam Williams, aka "Big Chief"